## Initiation

# Program Overview

# Soo Pee Wee Hockey League

- May 2019









# Initiation Novice (Ages 7-8)

## Program Goals

- Create a safe, fun environment for all players ages 4 to 8 years old to begin the development of basic hockey skills, team work and sportsmanship
- Create an environment where all players can succeed
- Have players working with players of like skill to develop confidence and self esteem
- Encourage more parents to get involved in coaching
- Developing fundamental movement skills (skating, jumping, twisting) manipulations skills (shooting, puck control) and overall motor skills (agility, balance, coordination) in a fun and safe environment that promotes self-confidence.

#### **Novice Minor**

Tier 1 Tier 2

### Novice Major

Tier 1 Tier 2





# Initiation Novice (Ages 7-8)

### **Keys for Success**

- Station work during practice with a focus on individual skill/tactic development
- 5:1 player to coach ratio (recommended by Hockey Canada)
- Tiering of players in all situations (drills, small area games, games etc....)
- Continue to grow their impression of hockey in a positive environment for players and parents
- Collaboration with and amongst coaches at every level
- Maximize ice time by putting upwards of 40 players on the ice at a time

#### Novice Minor

Tier 1 Tier 2

### Novice Major

Tier 1 Tier 2



